

**Statement of
Findings
UnitedHealthcare of New York, Inc. MHPAEA
Testing Phase I and Phase II Workbooks
August 22, 2018- September 8, 2020**

Parity Compliance

35.1 Contractor and SDOH Compliance With Applicable Laws

Notwithstanding any inconsistent provisions in this Agreement, the Contractor and SDOH shall comply with all applicable requirements of the State Public Health Law; the State Social Services Law; the State Finance Law; the State Mental Hygiene Law; the State Insurance Law; Title XIX of the Social Security Act; Title VI of the Civil Rights Act of 1964 and 45 CFR Part 80, as amended; Title IX of the Education Amendments of 1972; Section 504 of the Rehabilitation Act of 1973 and 45 CFR Part 84, as amended; the Age Discrimination Act of 1975 and 45 CFR Part 91, as amended; the ADA; Title XIII of the Federal Public Health Services Act, 42 U.S.C § 300e et seq., regulations promulgated thereunder; the Health Insurance Portability and Accountability Act of 1996 (P.L. 104-191) and related regulations; the Federal False Claims Act, 31 U.S.C. § 3729 et seq.; Mental Health Parity and Addiction Equity Act of 2008, (P.L. 110-345); for Contractors operating in New York City, the New York City Health Code; and all other applicable legal and regulatory requirements in effect at the time that this Agreement is signed and as adopted or amended during the term of this Agreement. The parties agree that this Agreement shall be interpreted according to the laws of the State of New York. (42 CFR 438.910(d) *Nonquantitative treatment limitations.*) (42 CFR 438.920(b) *State Responsibilities.*)

Finding:

Based on the review of UnitedHealthcare of New York, Inc.'s (UHC) Phase I and Phase II nonquantitative treatment limitation (NQTL) workbook submissions, the Managed Care Organization (MCO) failed to provide all required information and comparative analyses demonstrating compliance with the Mental Health Parity and Addiction Equity Act of 2008, (P.L. 110-345; MHPAEA) for 6 of 9 NQTLs examined; prior authorization, concurrent review, medical necessity criteria, formulary design, coding edits and reimbursement.

- Specifically, in Phase I, UHC failed to define factors in (Step 3) evidentiary standards comparability and equivalent stringency (outpatient and prescription drugs only) and provide substantive comparative analyses for (Step 4) as written comparability and equivalent stringency and (Step 5) in operation comparability and equivalent stringency (inpatient and outpatient only) for inpatient, outpatient, and prescription drug prior authorization.

UnitedHealthcare of New York, Inc. (UHC) Response for Prior Authorization:

Review of Non-Compliance

1. UHC will define factors in (Step 3) evidentiary standards comparability and equivalent stringency for outpatient and prescription drugs by 07/15/2021
2. UHC will document substantive comparative analyses for (Step 4) as written comparability and equivalent stringency for inpatient, outpatient, and prescription drug prior authorization by 07/15/2021
3. UHC will document substantive comparative analyses for (Step 5) in operation comparability and equivalent stringency for inpatient, outpatient, and prescription drug prior authorization by 07/15/2021

Methods to Review and Remediate

4. UHC will update the NQTL workbook responses to: (1) identify factors triggering the NQTL for inpatient and outpatient prior authorization for both med/surg (M/S) and Mental Health/Substance Use Disorder (MH/SUD) benefits; (2) provide comparative analysis to demonstrate comparable factors are used to determine applicability of concurrent review for the

identified MH/SUD benefits as were used for M/S benefits, including the sources for ascertaining each of these factors by 7/15/2021.

5. UHC will remediate any findings where MH/SUD appears to be more stringent by 08/01/2021.
6. UHC will develop a policy to ensure an annual review, at minimum but as needed, of MHP Workbooks by 8/01/2021.

Education and Training

7. Training:
 - a. UHC will update the Mental Health Parity (MHP) training module by 05/03/21 – **Status Completed**
 - b. UHC will identify applicable staff to train by 05/03/21 – **Status Completed**
 - i. Training is provided to all active employees, directors or other governing body members, agents and other representatives engaged in functions that are subject to federal or state mental health and substance use disorder (MH/SUD) parity requirements or involved in MHP analysis as a part of the compliance program.
 - c. UHC will notify impacted active employees of the training by 05/07/21 – **Status Completed**
 - i. 05/06/21 UHC; 05/05/21 Optum Behavioral Health (OBH) (Training Announcement Included)
 - ii. Repeat reminders sent to ensure completion
 - d. UHC MHP team will monitor active employee training completion – **Status Completed.**
 - i. Training completion rates are monitored weekly and associated reports are used to generate reminder emails and follow up with employees who have not yet completed the course
 - e. UHC's goal for 100% training completion is 6/30/2021. – **Status Completed**
 - i. Please note that new employees are added to the training requirement, which impacts the data and completion rate.

Monitoring Implementation of Plan of Correction (POC)

8. UHC will establish a policy outlining MHP Team Quality and Compliance Monitoring – **Status Completed 5/10/2021**
9. UHC will create a job aid for the MHP Team detailing Quality and Compliance Monitoring – **Status Completed 6/18/2021**

Responsible Parties

Review of Non-Compliance

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team
3. UHC Clinical, Operations and Pharmacy Subject Matter Experts
4. Optum Behavioral Health Subject Matter Experts

Methods to Review and Remediate

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team
3. UHC Clinical, Operations and Pharmacy Subject Matter Experts
4. Optum Behavioral Health Subject Matter Experts

Education and Training

1. UHC Mental Health Parity Team

Monitoring Implementation of POC

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team

Remediation Start Date: 5/26/2021

Remediation End Date: 8/1/2021

Overall Owner: Sanrose Russell, Associate Director UHC Community Plan - NY

- For inpatient and outpatient concurrent review, UHC failed to identify (Step 2) factors triggering the NQTL, define factors in (Step 3) evidentiary standards comparability and

equivalent stringency, and provide substantive comparative analyses for (Step 4) as written comparability and equivalent stringency and (Step 5) in operation comparability and equivalent stringency.

UHC Response for Concurrent Review:

Review of Non-Compliance

1. UHC will identify (Step 2) factors triggering the NQTL for inpatient and outpatient concurrent review by 07/15/2021.
2. UHC will define factors in (Step 3) evidentiary standards comparability and equivalent stringency for inpatient and outpatient concurrent review by 07/15/2021.
3. UHC will document substantive comparative analyses for (Step 4) as written comparability and equivalent stringency for inpatient and outpatient concurrent review by 07/15/2021.
4. UHC will document substantive comparative analyses for (Step 5) in operation comparability and equivalent stringency for inpatient and outpatient concurrent review by 07/15/2021.

Methods to Review and Remediate

5. UHC will then update the workbook responses to: (1) identify factors triggering the NQTL for inpatient and outpatient concurrent review for both M/S and MH/SUD benefits; (2) provide comparative analysis to demonstrate comparable factors are used to determine applicability of concurrent review for the identified MH/SUD benefits as were used for M/S benefits, including the sources for ascertaining each of these factors by 07/15/2021.
6. UHC will remediate any findings where MH/SUD appears to be more stringent by 08/01/2021.
7. UHC will develop a policy to ensure an annual review, at minimum but as needed, of MHP Workbooks by 8/01/2021.

Education and Training

8. Training:
 - a. UHC will update the MHP training module by 05/03/21 – **Status Completed**
 - b. UHC will identify applicable staff to train by 05/03/21 – **Status Completed**
 - i. Training is provided to all active employees, directors or other governing body members, agents and other representatives engaged in functions that are subject to federal or state MH/SUD parity requirements or involved in MHP analysis as a part of the compliance program.
 - c. UHC will notify impacted active employees of the training by 05/07/21 – **Status Completed**
 - i. 05/06/21 UHC; 05/05/21 OBH (Training Announcement Included)
 - ii. Repeat reminders sent to ensure completion
 - d. UHC MHP team will monitor active employee training completion – **Status Completed.**
 - i. Training completion rates are monitored weekly and associated reports are used to generate reminder emails and follow up with employees who have not yet completed the course
 - e. UHC's goal for 100% training completion is 6/30/2021. – **Status Completed**
 - i. Please note that new employees are added to the training requirement, which impacts the data and completion rate.

Monitoring Implementation of POC

9. UHC will establish a policy outlining MHP Team Quality and Compliance Monitoring – **Status Completed 5/10/2021**
10. UHC will create a job aid for the MHP Team detailing Quality and Compliance Monitoring – **Status Completed 6/18/2021**

Responsible Parties

Review of Non-Compliance

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team
3. UHC Clinical, Operations and Pharmacy Subject Matter Experts
4. Optum Behavioral Health Subject Matter Experts

Methods to Review and Remediate

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team
3. UHC Clinical, Operations and Pharmacy Subject Matter Experts
4. Optum Behavioral Health Subject Matter Experts

Education and Training

1. UHC Mental Health Parity Team

Monitoring Implementation of POC

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team

Remediation Start Date: 5/26/2021

Remediation End Date: 8/1/2021

Overall Owner: Sanrose Russell, Associate Director UHC Community Plan - NY

- Additionally, the MCO failed to provide all required information and substantive comparative analyses for (Step 4) as written comparability and equivalent stringency comparability and equivalent stringency and (Step 5) in operation (inpatient and outpatient only) for inpatient, outpatient, and prescription drug medical necessity criteria.

UHC Response for Medical Necessity:

Review of Non-Compliance

1. UHC will document substantive comparative analyses for (Step 4) as written comparability and equivalent stringency for inpatient, outpatient, and prescription drug medical necessity criteria by 07/15/2021
2. UHC will document substantive comparative analyses for (Step 5) in operation comparability and equivalent stringency for inpatient, outpatient, and prescription drug medical necessity by 07/15/2021

Methods to Review and Remediate

3. UHC will update the NQTL workbook responses to: (1) identify factors triggering the NQTL for inpatient, outpatient and prescription drug medical necessity review for both M/S and MH/SUD benefits; (2) provide comparative analysis to demonstrate comparable factors are used to determine applicability of medical necessity for the identified MH/SUD benefits as were used for M/S benefits, including the sources for ascertaining each of these factors by 7/15/2021.
4. UHC will remediate any findings where MH/SUD appears to be more stringent by 08/01/2021.
5. UHC will develop a policy to ensure an annual review, at minimum but as needed, of MHP Workbooks by 8/01/2021.

Education and Training

6. Training:
 - a. UHC will update the MHP training module by 05/03/21 – *Status Completed*
 - b. UHC will identify applicable staff to train by 05/03/21 – *Status Completed*
 - i. Training is provided to all active employees, directors or other governing body members, agents and other representatives engaged in functions that are subject to federal or state MH/SUD parity requirements or involved in MHP analysis as a part of the compliance program.
 - c. UHC will notify impacted active employees of the training by 05/07/21 – *Status Completed*
 - i. 05/06/21 UHC; 05/05/21 OBH (Training Announcement Included)
 - ii. Repeat reminders sent to ensure completion
 - d. UHC MHP team will monitor active employee training completion – *Status Completed.*
 - i. Training completion rates are monitored weekly and associated reports are used to generate reminder emails and follow up with employees who have not yet completed the course
 - e. UHC's goal for 100% training completion is 6/30/2021. – *Status Completed*

- i. Please note that new employees are added to the training requirement, which impacts the data and completion rate.

Monitoring Implementation of POC

7. UHC will establish a policy outlining MHP Team Quality and Compliance Monitoring – *Status Completed 5/10/2021*
8. UHC will create a job aid for the MHP Team detailing Quality and Compliance Monitoring – *Status Completed 6/18/2021*

Responsible Parties

Review of Non-Compliance

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team
3. UHC Clinical, Operations and Pharmacy Subject Matter Experts
4. Optum Behavioral Health Subject Matter Experts

Methods to Review and Remediate

1. HP SME
2. UHC Mental Health Parity Team
3. UHC Clinical, Operations and Pharmacy Subject Matter Experts
4. Optum Behavioral Health Subject Matter Experts

Education and Training

1. UHC Mental Health Parity Team

Monitoring Implementation of POC

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team

Remediation Start Date: 5/26/2021

Remediation End Date: 8/1/2021

Overall Owner: Sanrose Russell, Associate Director UHC Community Plan - NY

- For prescription drug formulary design, UHC failed to identify all (Step 2) factors triggering the NQTL, define all factors in (Step 3) evidentiary standards comparability and equivalent stringency, and provide substantive comparative analyses for (Step 3) evidentiary standards, (Step 4) as written comparability and equivalent stringency and (Step 5) in operation comparability and equivalent stringency.

UHC Response for Prescription Drug Formulary:

Review of Non-Compliance

1. UHC will identify (Step 2) factors triggering the NQTL for prescription drug formulary by 07/15/2021.
2. UHC will define factors in (Step 3) evidentiary standards comparability and equivalent stringency for prescription drug formulary by 07/15/2021.
3. UHC will provide substantive comparative analyses for (Step 4) as written comparability for prescription drug formulary by 07/15/2021.
4. UHC will document substantive comparative analyses for (Step 5) in operation comparability and equivalent stringency for prescription drug formulary by 07/15/2021.

Methods to Review and Remediate

5. UHC will then update the workbook responses to: (1) identify factors triggering the NQTL for prescription drug formulary for both M/S and MH/SUD benefits; (2) provide comparative analysis to demonstrate comparable factors are used to determine applicability of prescription drug formulary for the identified MH/SUD benefits as were used for M/S benefits, including the sources for ascertaining each of these factors by 07/15/2021.
6. UHC will remediate any findings where MH/SUD appears to be more stringent by 08/01/2021.
7. UHC will develop a policy to ensure an annual review, at minimum but as needed, of MHP Workbooks by 8/01/2021.

Education and Training

8. Training:
 - a. UHC will update the MHP training module by 05/03/21 – **Status Completed**
 - b. UHC will identify applicable staff to train by 05/03/21 – **Status Completed**
 - i. Training is provided to all active employees, directors or other governing body members, agents and other representatives engaged in functions that are subject to federal or state MH/SUD parity requirements or involved in MHP analysis as a part of the compliance program.
 - c. UHC will notify impacted active employees of the training by 05/07/21 – **Status Completed**
 - i. 05/06/21 UHC; 05/05/21 OBH (Training Announcement Included)
 - ii. Repeat reminders sent to ensure completion
 - d. UHC MHP team will monitor active employee training completion – **Status Completed.**
 - i. Training completion rates are monitored weekly and associated reports are used to generate reminder emails and follow up with employees who have not yet completed the course
 - e. UHC’s goal for 100% training completion is 6/30/2021. – **Status Completed**
 - i. Please note that new employees are added to the training requirement, which impacts the data and completion rate.

Monitoring Implementation of POC

9. UHC will establish a policy outlining MHP Team Quality and Compliance Monitoring – **Status Completed 5/10/2021**
10. UHC will create a job aid for the MHP Team detailing Quality and Compliance Monitoring – **Status Completed 6/18/2021**

Responsible Parties

Review of Non-Compliance

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team
3. UHC Clinical, Operations and Pharmacy Subject Matter Experts
4. Optum Behavioral Health Subject Matter Experts

Methods to Review and Remediate

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team
3. UHC Clinical, Operations and Pharmacy Subject Matter Experts
4. Optum Behavioral Health Subject Matter Experts

Education and Training

1. UHC Mental Health Parity Team

Monitoring Implementation of POC

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team

Remediation Start Date: 5/26/2021

Remediation End Date: 8/1/2021

Overall Owner: Sanrose Russell, Associate Director UHC Community Plan - NY

- Specifically, in Phase II, UHC failed to provide all information and substantive comparative analyses that were responsive to the NQTL and each step for (Step 2) factors triggering the NQTL, (Step 3) evidentiary standards comparability and equivalent stringency, (Step 4) as written comparability and equivalent stringency, and (Step 5) in operation comparability and equivalent stringency for inpatient and outpatient coding edits.

UHC Response for Coding Edits:

Review of Non-Compliance

1. UHC will identify (Step 2) factors triggering the NQTL for Coding Edits by 07/15/2021.

2. UHC will define factors in (Step 3) evidentiary standards comparability and equivalent stringency for Coding Edits by 07/15/2021.
3. UHC will document substantive comparative analyses for (Step 4) as written comparability and equivalent stringency for coding edits by 07/15/2021
4. UHC Will document substantive comparative analyses for (Step 5) in operation comparability and equivalent stringency for coding edits by 07/15/2021.

Methods to Review and Remediate

5. UHC will then update the workbook responses to: (1) identify factors triggering the NQTL for coding edits for both M/S and MH/SUD benefits; (2) provide comparative analysis to demonstrate comparable factors are used to determine applicability of coding edits for the identified MH/SUD benefits as were used for M/S benefits, including the sources for ascertaining each of these factors by 7/15/2021.
6. UHC will remediate any findings where MH/SUD appears to be more stringent by 08/01/2021.
7. UHC will develop a policy to ensure an annual review, at minimum but as needed, of MHP Workbooks by 8/01/2021.

Education and Training

8. Training:
 - a. UHC will update the MHP training module by 05/03/21 – *Status Completed*
 - b. UHC will identify applicable staff to train by 05/03/21 – *Status Completed*
 - i. Training is provided to all active employees, directors or other governing body members, agents and other representatives engaged in functions that are subject to federal or state MH/SUD parity requirements or involved in MHP analysis as a part of the compliance program.
 - c. UHC will notify impacted active employees of the training by 05/07/21 – *Status Completed*
 - i. 05/06/21 UHC; 05/05/21 OBH (Training Announcement Included)
 - ii. Repeat reminders sent to ensure completion
 - d. UHC MHP team will monitor active employee training completion – *Status Completed.*
 - i. Training completion rates are monitored weekly and associated reports are used to generate reminder emails and follow up with employees who have not yet completed the course
 - e. UHC's goal for 100% training completion is 6/30/2021. – *Status Completed*
 - i. Please note that new employees are added to the training requirement, which impacts the data and completion rate.

Monitoring Implementation of POC

9. UHC will establish a policy outlining MHP Team Quality and Compliance Monitoring – *Status Completed 5/10/2021*
10. UHC will create a job aid for the MHP Team detailing Quality and Compliance Monitoring – *Status Completed 6/18/2021*

Responsible Parties

Review of Non-Compliance

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team
3. UHC Clinical, Operations and Pharmacy Subject Matter Experts
4. Optum Behavioral Health Subject Matter Experts

Methods to Review and Remediate

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team
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Education and Training

1. UHC Mental Health Parity Team

Monitoring Implementation of POC

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team

Remediation Start Date: 5/26/2021

Remediation End Date: 8/1/2021

Overall Owner: Sanrose Russell, Associate Director UHC Community Plan - NY

- Additionally, the MCO failed to provide all information and complete substantive comparative analyses for (Step 4) as written comparability and equivalent stringency and (Step 5) in operation comparability and equivalent stringency due to an added factor that was not previously identified for inpatient, outpatient, and emergency care reimbursement.

UHC Response for Reimbursement:

Review of Non-Compliance

1. UHC will document substantive comparative analyses for (Step 4) as written comparability and equivalent stringency for inpatient, outpatient, and emergency care reimbursement by 07/15/2021
2. UHC will document substantive comparative analyses for (Step 5) in operation comparability and equivalent stringency for inpatient, outpatient, and emergency care reimbursement by 07/15/2021

Methods to Review and Remediate

3. UHC will update the NQTL workbook responses to: (1) identify factors triggering the NQTL for inpatient, outpatient, and emergency care reimbursement for both M/S and MH/SUD benefits; (2) provide comparative analysis to demonstrate comparable factors are used to determine applicability of reimbursement for the identified MH/SUD benefits as were used for M/S benefits, including the sources for ascertaining each of these factors by 07/15/2021.
4. UHC will remediate any findings where MH/SUD appears to be more stringent by 08/01/2021.
5. UHC will develop a policy to ensure an annual review, at minimum but as needed, of MHP Workbooks by 8/01/2021.

Education and Training

6. Training:
 - a. UHC will update the MHP training module by 05/03/21 – **Status Completed**
 - b. UHC will identify applicable staff to train by 05/03/21 – **Status Completed**
 - i. Training is provided to all active employees, directors or other governing body members, agents and other representatives engaged in functions that are subject to federal or state MH/SUD parity requirements or involved in MHP analysis as a part of the compliance program.
 - c. UHC will notify impacted active employees of the training by 05/07/21 – **Status Completed**
 - i. 05/06/21 UHC; 05/05/21 OBH (Training Announcement Included)
 - ii. Repeat reminders sent to ensure completion
 - d. UHC MHP team will monitor active employee training completion – **Status Completed.**
 - i. Training completion rates are monitored weekly and associated reports are used to generate reminder emails and follow up with employees who have not yet completed the course
 - e. UHC's goal for 100% training completion is 6/30/2021. – **Status Completed**
 - i. Please note that new employees are added to the training requirement, which impacts the data and completion rate.

Monitoring Implementation of POC

7. UHC will establish a policy outlining MHP Team Quality and Compliance Monitoring – **Status Completed 5/10/2021**
8. UHC will create a job aid for the MHP Team detailing Quality and Compliance Monitoring – **Status Completed 6/18/2021**

Responsible Parties

Review of Non-Compliance

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team
3. UHC Clinical, Operations and Pharmacy Subject Matter Experts

4. Optum Behavioral Health Subject Matter Experts

Methods to Review and Remediate

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team
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4. Optum Behavioral Health Subject Matter Experts

Education and Training

1. UHC Mental Health Parity Team

Monitoring Implementation of POC

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team

Remediation Start Date: 5/26/2021

Remediation End Date: 8/1/2021

Overall Owner: Sanrose Russell, Associate Director UHC Community Plan - NY

In order to ensure UHC meets the requirements of an acceptable plan of correction (POC) related to the focus survey *MHPAEA Testing Phase I and Phase II Workbooks*, please provide the following:

Line(s) of business to which the POC applies

The Statement of Findings (SOF) along with the Plan of Correction (POC) supplied apply to Medicaid Managed Care, Health and Recovery Plan (HARP), Child Health Plus, & Essential Plan.

Written commitment that Phase I and Phase II workbooks will be updated and maintained (we may request to review Phase I and Phase II workbooks at any time).

UHC will ensure an annual review and update, as necessary, to all sections within the MHPAEA Testing Phase I and Phase II Workbooks. Review and update schedule will be adjusted as needed to account for any regulatory changes and OMH request.

Responsible Parties

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team
3. UHC Clinical, Operations and Pharmacy Subject Matter Experts
4. Optum Behavioral Health Subject Matter Experts

A plan to educate/train staff of any necessary changes to address all potential noncompliance
UHC plans to educate/train staff of any necessary changes to address potential noncompliance.
Business SMEs will identify responsible staff to assign a required annual training course for Mental Health Parity through the company's Learning Management System (LMS). The LMS will allow responsible parties to monitor reports to ensure completion of the required training.

Responsible Parties

1. Sanrose Russell, Associate Director UHC Community Plan - NY
2. UHC Mental Health Parity Team
3. UHC Clinical, Operations and Pharmacy Subject Matter Experts
4. Optum Behavioral Health Subject Matter Experts