



## **Chronic Conditions- Arthritis and Chronic Disease Self-Management Program Resources**

Improving Health through Chronic Disease Self-Management- Arthritis and Chronic Disease Self-Management Program: January 31, 2018

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✚ *Medical Health Home listserv*  
[hhsc@health.ny.gov](mailto:hhsc@health.ny.gov)

✚ *Medical Costs of Arthritis*  
<https://www.ncbi.nlm.nih.gov/pubmed/28950426>

✚ *Quality and Technical Assistance Center*  
<http://www.qtacny.org/>

✚ *NYSDOH: Arthritis*  
<https://www.health.ny.gov/diseases/conditions/arthritis/>

✚ *NYS County Health Rankings*  
<http://www.countyhealthrankings.org/rankings/data/ny>

✚ *CDC Arthritis Basics*  
<https://www.cdc.gov/arthritis/basics/index.html>

✚ *Arthritis Foundation*  
<https://www.arthritis.org/about-arthritis/>

✚ *NYS Arthritis Program Health Lifestyle Workshops*  
<https://www.health.ny.gov/diseases/conditions/arthritis/programs.htm>

✚ *Self-Management Resource Center (SMRC)*  
<https://www.selfmanagementresource.com/programs/small-group/chronic-disease-self-management/>

✚ *Public Health Live! The Power of CDSMP video*  
[https://www.albany.edu/sph/cphce/phl\\_0212.shtml](https://www.albany.edu/sph/cphce/phl_0212.shtml)

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