

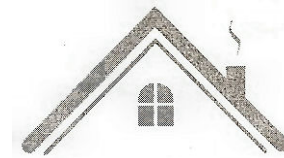
- ✓ Day Habilitation
- ✓ Family Caregiver Supports/Services
- ✓ Health Care Integration
- ✓ Skill Building
- ✓ Special Needs Community Advocacy/Support
- ✓ Supported Employment

# Long Term Home Health Care Program

**Office of Mental Health (OMH) HCBS Waiver for Children with Serious Emotional Disturbance** serves children and adolescents between the ages of five (5) and seventeen (17) with complex mental health needs. The program provides supports and services that enable children who would otherwise require an institutional level of care to live at home or in the community. OMH providers develop an individualized service plan for each child and family, and coordinate the mental health and health care services needed to enable children to remain in their homes. The program requires the child and family to be involved in all phases of planning and delivering the services. Services include:

- ✓ Crisis Response
- ✓ Family Support
- ✓ Individualized Care Coordination
- ✓ Intensive In-Home Services
- ✓ Respite Care
- ✓ Skill Building

**New York State Department of Health  
Office of Long Term Care  
August 2009**



**LTHHCP**

New York State Department of Health  
Office of Long Term Care

## What is the LTHHCP?

The Medicaid **LTHHCP** waiver includes the AIDS Home Care Program (AHCP) and offers a variety of home and community services to assist people who wish to live in the community rather than a nursing home. The LTHHCP offers needed medical and non-medical support services to improve or maintain the health or daily functions of individuals who would otherwise require nursing home care. By providing coordination of care and monitoring of a person's health, it prevents or reduces hospital stays and prevents unnecessary nursing home stays.

## Who can participate?

To be in the Medicaid LTHHCP/AHCP, you must meet the following basic eligibility criteria:

- be eligible for Medicaid so Medicaid will pay for the services;
- require nursing home care as determined by a medical assessment;
- wish to remain in the community;
- have needs that can be met safely at home and have your doctor's agreement; and
- be able to be cared for in the community at less cost to Medicaid than in a nursing home in your county.
- For the AHCP, you must have a diagnosis of AIDS or HIV infection.

## What assessments and approvals are needed?

If you meet the basic LTHHCP/AHCP eligibility criteria as listed above and want to participate in the program, the Local Department of Social Services (LDSS) and a LTHHCP agency will complete an assessment at the time you apply for the program and **every 120 days** after that. You have the right to choose the LTHHCP agency from those available in your community. The LDSS can provide you with a list of available LTHHCP agencies.

The purpose of the assessment is to identify your abilities and needs and to identify available help from other programs, family and friends. You, your family/ representative or designated other may participate in developing your plan of care. The plan of care will include the services necessary and appropriate to support your

**Office of Mental Retardation and Developmental Disabilities (OMRDD) Care at Home III, IV, and VI Waivers** serve children under age eighteen (18) who are developmentally disabled and require Intermediate Care Facility level of care. These waivers are available for children with both developmental disabilities and complex health care needs. The CAH III, IV, and VI waiver services include:

- ✓ Assistive Technology
- ✓ Case Management
- ✓ Respite

**Office of Mental Retardation and Developmental Disabilities (OMRDD) Waiver** serves Medicaid eligible adults and children who are developmentally disabled, meet OMRDD eligibility criteria, and require an Intermediate Care Facility level of care. The OMRDD waiver services include:

- ✓ Assistive Technology
- ✓ Community Transition Services
- ✓ Consolidated Supports and Services
- ✓ Day Habilitation
- ✓ Environmental Modifications
- ✓ Family Education and Training
- ✓ Plan of Care Support Services
- ✓ Prevocational Services
- ✓ Residential Habilitation
- ✓ Respite
- ✓ Supported Employment

**Bridges to Health (B2H) Waivers for Children in Foster Care** is comprised of three (3) separate waivers: B2H for the Seriously Emotionally Disturbed, B2H for the Developmentally Disabled and B2H for the Medically Fragile. The B2H waivers serve children with significant unmet health care needs who are at an institutional level of care and provides home and community based services allowing such individuals to remain in the most integrated community setting. Children who are discharged from foster care can also remain in the B2H waivers up to age twenty-one (21), if they are otherwise eligible. In addition to Medicaid State Plan services, the B2H program offers the following waiver services:

- ✓ Accessibility Modifications
- ✓ Adaptive and Assistive Equipment
- ✓ Crisis Respite
- ✓ Crisis Avoidance, Management/Training
- ✓ Immediate Crisis Response Services
- ✓ Intensive In-Home Supports
- ✓ Planned Respite
- ✓ Prevocational Services

- Services
- ✓ Home Visits by Medical Personnel

- ✓ Wellness Counseling Services

**Traumatic Brain Injury (TBI) Waiver** serves Medicaid eligible individuals who have experienced an acquired traumatic brain injury, are in need of nursing home level of care, and have needs that can safely be met in the community. The program provides supports and services to assist individuals towards successful inclusion in the community and strongly encourages maximum participant choice. The TBI waiver services include:

- ✓ Assistive Technology
- ✓ Community Integration Counseling
- ✓ Community Transition Services
- ✓ Environmental Modifications
- ✓ Home & Community Support Services
- ✓ Independent Living Skills Training/ Development
- ✓ Positive Behavioral Intervention/Support
- ✓ Respite Care
- ✓ Service Coordination
- ✓ Structured Day Program
- ✓ Substance Abuse Programs
- ✓ Waiver Transportation

**Care at Home I/II Waiver** serves children under age eighteen (18) and provides medical and related services to families who want to bring their physically disabled child home from a hospital or nursing home. Families who have already brought their child home can also apply. CAH Medicaid helps to pay for medically necessary in-home services to make it possible for physically disabled children to live at home with their families. Services available under this program include:

- ✓ Bereavement Services
- ✓ Case Management
- ✓ Expressive Therapies
- ✓ Family Palliative Care Education
- ✓ Home & Vehicle Modification
- ✓ Massage Therapy
- ✓ Pain and Symptom Management
- ✓ Respite

## Other New York State HCBS Waiver Programs

individual needs and desires to continue to live in the community. The plan must be approved by your doctor.

Your initial and ongoing participation in the LTHHCP/AHCP must be authorized by the LDSS based on its review of the plan of care proposed for you and its estimated cost. The LDSS must send you a written notice of its decision regarding authorization, reauthorization or denial for the LTHHCP/AHCP.

### What services are available?

The following home health services may be provided under the LTHHCP/AHCP:

- Nursing
- Physical, Occupational and Speech Therapies
- Home Health Aide
- Personal Care Aide
- Homemaking

The following waiver services may also be available:

- Assistive Technology (e.g. Personal Emergency Response Services)
- Community Transitional Services
- Congregate and Home Delivered Meals
- Environmental Modifications
- Home and Community Support Services
- Home Maintenance Services
- Medical Social Services
- Moving Assistance
- Nutritional Counseling/Education Services
- Respiratory Therapy
- Social Day Care
- Transportation to Social Day Care

The LDSS and the LTHHCP agency can discuss these services with you as they work with you to develop your plan of care. The LTHHCP agency is responsible for coordinating the specific care and services included in your approved plan of care.

### Leaving the LTHHCP/AHCP

If you are no longer eligible for the LTHHCP/AHCP or choose not to continue to participate, a safe appropriate plan for discharge will be developed by the LTHHCP agency and the LDSS prior to your discharge. The LDSS will provide to you a written notice of decision regarding discontinuing participation prior to discharge.

### **Fair Hearing Rights**

If you do not agree with a decision made regarding authorization, reauthorization, denial or discontinuance from the LTHHCP/AHCP, a fair hearing may be requested. Specific information regarding fair hearing rights and how to request a fair hearing is provided by the LDSS and included on the written notice of decision.

**For further information of how to apply for participation in the program, contact your Local Department of Social Services (LDSS) at:**

**Contact information for your Local Department of Social Services is also available on the following website:**

[www.nyhealth.gov/health\\_care/medicaid/ldss](http://www.nyhealth.gov/health_care/medicaid/ldss)

**Information on LTHHCP agencies in your area is available through the LDSS or on the following website:**

[www.homecare.nyhealth.gov](http://www.homecare.nyhealth.gov)

## **NEW YORK STATE HOME AND COMMUNITY BASED SERVICES (HCBS) WAIVER PROGRAMS**

## **New York State Department of Health Sponsored HCBS Waiver Programs**

**Long Term Home Health Care Program (LTHHCP)**, (also known as *Lombardi Program*) including the AIDS Home Care Program (AHCP), serves seniors and individuals of all ages who have physical disabilities. Eligible individuals must be in need of nursing home level of care and have needs that can safely be met in the community. LTHHCP offers both medical and nonmedical support services to assist an individual in improving or maintaining their health and daily functioning. All regular Medicaid home care services are available and the following may also be available through the LTHHCP or AHCP:

- ✓ Assistive Technology
- ✓ Case Management by RNs
- ✓ Community Transition Services
- ✓ Congregate / Home Delivered Meals
- ✓ Environmental Modifications
- ✓ Home & Community Support Services
- ✓ Home Maintenance Services
- ✓ Nutritional Counseling/ Education
- ✓ Medical Social Services
- ✓ Moving Assistance
- ✓ Respiratory Therapy
- ✓ Respite Care
- ✓ Social Day Care
- ✓ Transportation to Social Day Care

**Nursing Home Transition and Diversion (NHTD)** serves Medicaid eligible seniors or individuals eighteen (18) years or older who have a physical disability. Eligible individuals must be in need of nursing home level of care and have needs that can safely be met in the community. All regular Medicaid home care services are available and the following waiver services are available:

- ✓ Assistive Technology
- ✓ Community Transition Services
- ✓ Community Integration Counseling
- ✓ Congregate / Home Delivered Meals
- ✓ Environmental Modifications
- ✓ Nutritional Counseling/ Education
- ✓ Home & Community Support
- ✓ Moving Assistance
- ✓ Independent Living Skills Training
- ✓ Positive Behavioral Interventions
- ✓ Peer Mentoring
- ✓ Respiratory Therapy
- ✓ Respite Services
- ✓ Service Coordination
- ✓ Structured Day Program