



MRT Work Group Meeting Summary

WORK GROUP NAME: Basic Benefit Review

MEETING DATE, TIME, LOCATION:

October 4, 2011 – 10:30-3:00
NYS DOH Capital District Regional Office
Saratoga Conference Room, Frear Building, One Fulton Street, Troy

MEMBERS IN ATTENDANCE:

Co-chair – President and CEO, Emblem Health, Frank Branchini
(not in attendance –represented by William Gillespie, MD)
Co-chair – Nirav Shah, MD, MPH, Commissioner of Health
Foster Gesten, MD; Greg Allen; George Thomas, MD; Arnold Saperstein, MD; Peter Newell; Kate Breslin; Paloma Izquierdo-Hernandez MS, MPH; Eliot Lazar, MD, MBA; David Lehmann, MD; Stephen Marshall, DDS, MPH representing Ira Lamster, DDS, MMSc; Joseph Stankaitis, MD, MPH; R. Scott Braithwaite, MD, MMSc; Elisabeth Benjamin (via telephone); Eugene Heslin, MD; Mark Gibson; Doug DeLong, MD, FACP; Robert Corwin, MD; Ed Hannon, PhD; and Ron Bass.

SUMMARY OF KEY MEETING CONTENT:

This third meeting of the work group began with review of the group’s mission and charge. The timeline and structure for this group’s work products as they relate to the larger MRT plan were discussed. The group then reviewed and finalized the guiding principles document and the overall benefit review process document.

Specific current and potential benefits (e.g., intensive behavioral therapy for obesity treatment, low back pain treatment, and podiatric services) were examined as potential areas for benefit reform.

NEXT STEPS/PRELIMINARY AGENDA FOR THE NEXT MEETING:

The next steps for the group are to:

- o *briefly review and approve the finalized guiding principles and process documents – through e-mail communication*
- o *conduct a more detailed review of the specific benefit reforms which have been proposed to and by the group to determine viability and cost-savings potential*
- o *prepare the specific benefit reform recommendations to be shared with the MRT*

NEXT MEETING DATE, TIME, LOCATION:

Wednesday, October 19, 2011
10:30 a.m.-3:00 p.m.
NYS Dept. of Health Offices
The Frear Building, One Fulton St.
Troy, NY 12180