

# Long Island FQHC – Roosevelt Center

## Nassau Queens PPS

### Our Cohort

(Data reflects Mar. '16 to Aug. '16)

Adult Behavioral health members with a PHQ 10+

≡ 255 

### Our Actions

#### Patient Story

A 30 year old female who was 2 months postpartum presented to the center complaining that she had difficulty sleeping. She scored positive on the PHQ and received warm handoff for same day BH services. She now sees a therapist regularly and has decreased to a score of 0 on PHQ.

#### Process Improvements

##### Patient Identification

- Increased PHQ-9 screening rate via patient self-administration
- PC performs electronic referral in the moment as warm handoff to BH

##### Care Planning

- Implemented daily multidisciplinary huddles
- Implemented level of care algorithm and developed workflows to manage mild to complex patient cases

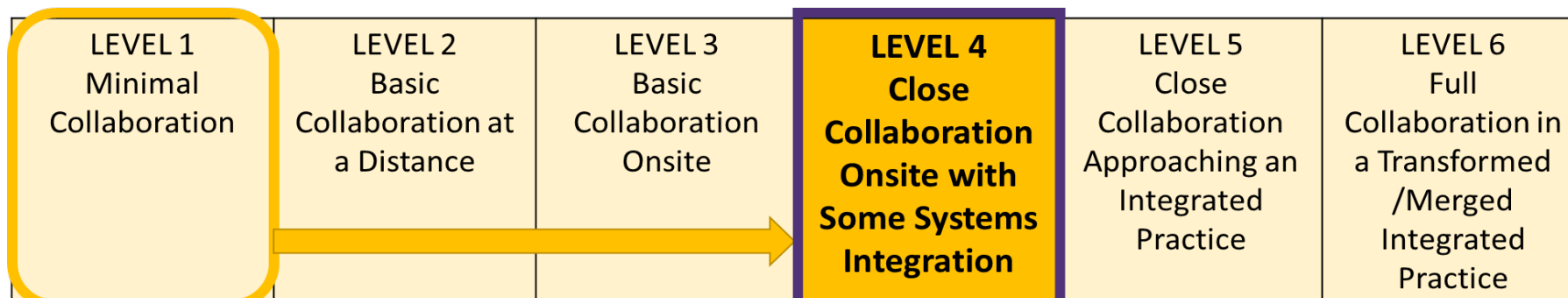
##### Management

- Patient tracker tool is used in monthly case conference meetings to discuss and monitor complex patient cases
- Refined daily huddle discussions

##### Follow-Up

- Lower acuity patients are assessed every 90 days using the PHQ screening tool to monitor patient progress

#### Level of Integrated Practice







#### Lessons Learned

- Taking small steps to educate staff and change the workflow had a positive impact on change efforts
- Creating different opportunities to collaborate between the two services engaged staff to improve
- Communicating key messages, process changes and updates on progress helped facilitate improvements

### Our Impact

Baseline (Sept. '15 – Feb. '16)    MAX Program (Mar. '16 – Aug. '16)

	Baseline	MAX Program	%Δ
<b>Patient Engagement</b>  <b>PHQ Screening Rate</b> 1053 patients screened positive on PHQ	98%	85%	-13%
 <b>Warm Handoff Count</b> 10 warm handoffs	N/A	10	-
 <b>Patients Connected to BH</b> 132 patients connected to BH	N/A	45%	-
 <b>Improvement in PHQ</b>	N/A	1	-

\*Calculations are based on self-reported data from Action Team