

Refuah Health Center

Refuah PPS

Our Cohort

(Data reflects Sept. '15 to Aug. '16)

Pediatric patients with a diagnosis of ADHD

≡ 351 

Our Actions

Patient Story

9 year old female screened positive on Vanderbilt for both ADHD and oppositional defiant. Pediatrician identified need for BH services. Patient was connected through a warm handoff alleviating the patient's mother's concerns on the spot. Patient was provided with a follow up BH appointment to manage condition, as well as follow-up with the Pediatrician for ADHD.

Process Improvements

Patient Identification

- Patient identified via school referral and/or by parent
- Vanderbilt assessment used to diagnose ADHD
- If needed, warm handoff performed and patient immediately connected to BH

Care Planning

- For acute ADHD, Pediatrician manages care and medication
- Higher complexity ADHD is referred to BH

Management

- Pediatrician uses level of care guidelines to manage ADHD symptoms and medication
- Child prescribed to after school physical activity program

Follow-Up

- Pediatrician and BH monitor/track patient progress on 2-3 month interval and consult to determine treatment plan

Level of Integrated Practice

LEVEL 1 Minimal Collaboration	LEVEL 2 Basic Collaboration at a Distance	LEVEL 3 Basic Collaboration Onsite	LEVEL 4 Close Collaboration Onsite with Some Systems Integration	LEVEL 5 Close Collaboration Approaching an Integrated Practice	LEVEL 6 Full Collaboration in a Transformed /Merged Integrated Practice
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Lessons Learned

- Regardless of the level of integration there is always room for process improvement
- Team based communication to listen, learn and develop processes together is critical
- Educate at every step of the process from patient identification to treatment to follow up to help all providers and practitioners feel comfortable managing care

Our Impact

Baseline
(Sept. '15 – Feb. '16)

MAX Program
(Mar '16 - Sep '16)

Patient Engagement

43 warm handoffs conducted

38 new patients managed by Pediatricians



Vanderbilt Screening

N/A

38



Warm Handoff Count

N/A

43



Patients Connected to BH

44

29



Child Psychiatrist Wait List

51 patients

14 patients

*Calculations are based on self-reported data from Action Team