

**Expanded BRFSS, 2003**

**Clinton, Essex, Franklin**

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## Ever had Blood Cholesterol Checked

*Clinton, Essex, Franklin*

<b>Demographic Groups</b>	<b>n<sup>1</sup></b>	<b>Yes %<sup>2</sup></b>	<b>n</b>	<b>No %</b>	<b>C.I.<sup>3</sup></b>
Total	481	71.9	131	28.1	4.7
Gender					
Male	202	67.2	57	32.8	7.4
Female	279	77.1	74	22.9	5.1
Age					
18-34	70	44.9	69	55.1	9.7
35-54	203	80.3	44	19.7	5.9
≥55	206	90.9	15	9.1	4.9
Education					
≤High School	219	70.3	60	29.7	7.0
>High School	262	73.3	71	26.7	6.2

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Had Blood Cholesterol Checked in the Past Five Years

*Clinton, Essex, Franklin*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	443	65.8	164	34.2	4.8
Gender					
Male	186	60.2	72	39.8	7.4
Female	257	72.1	92	27.9	5.4
Age					
18-34	61	37.3	78	62.7	9.1
35-54	184	72.9	61	27.1	6.5
≥55	196	88.3	22	11.7	5.2
Education					
≤High School	202	65.2	75	34.8	7.0
>High School	241	66.4	89	33.6	6.5

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

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<sup>3</sup>95% Confidence Interval

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## Adults with a Disability

*Clinton, Essex, Franklin*

<b>Demographic Groups</b>	<b>n<sup>1</sup></b>	<b>Yes %<sup>2</sup></b>	<b>n</b>	<b>No %</b>	<b>C.I.<sup>3</sup></b>
Total	148	20.7	472	79.3	3.5
Gender					
Male	63	20.5	199	79.5	5.5
Female	85	20.9	273	79.1	4.4
Age					
18-34	17	11.3	124	88.7	6.3
35-54	50	18.5	199	81.5	5.1
≥55	81	33.9	144	66.1	6.9
Education					
≤High School	72	22.4	210	77.6	5.4
>High School	76	19.3	262	80.7	4.7

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<sup>3</sup>95% Confidence Interval

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## Eat Five Fruits or Vegetable Servings per Day

*Clinton, Essex, Franklin*

<b>Demographic Groups</b>	<b>n<sup>1</sup></b>	<b>Yes %<sup>2</sup></b>	<b>n</b>	<b>No %</b>	<b>C.I.<sup>3</sup></b>
Total	154	24.4	470	75.6	4.0
Gender					
Male	49	21.0	215	79.0	6.2
Female	105	28.1	255	71.9	5.0
Age					
18-34	40	28.3	102	71.7	9.0
35-54	49	17.9	201	82.1	5.1
≥55	64	28.7	163	71.3	6.6
Education					
≤High School	49	18.9	236	81.1	5.9
>High School	105	29.1	234	70.9	5.5

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## Ever Been Told Have High Blood Pressure by a Medical Professional

*Clinton, Essex, Franklin*

<b>Demographic Groups</b>	<b>n<sup>1</sup></b>	<b>Yes %<sup>2</sup></b>	<b>n</b>	<b>No %</b>	<b>C.I.<sup>3</sup></b>
Total	183	26.7	437	73.3	3.9
Gender					
Male	82	28.6	179	71.4	6.2
Female	101	24.7	258	75.3	4.7
Age					
18-34	11	10.0	130	90.0	6.2
35-54	49	21.0	200	79.0	5.9
≥55	122	51.9	103	48.1	7.4
Education					
≤High School	103	32.0	178	68.0	6.0
>High School	80	22.3	259	77.7	5.2

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## Had a Fall in Past Three Months

*Clinton, Essex, Franklin*

Demographic Groups	n <sup>1</sup>	No fall % <sup>2</sup>	C.I. <sup>3</sup>	n	Fall with injury %	C.I.	n	Fall no injury %	C.I.
Total	287	82.3	4.5	15	4.2	2.4	51	13.5	4.0

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Had a Flu Shot in the Past 12 Months, Aged 65 and Older

*Clinton, Essex, Franklin*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	103	69.8	43	30.2	8.3

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval



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## Had a Flu Shot in the Past 12 Months

*Clinton, Essex, Franklin*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	221	31.9	397	68.1	4.3
Gender					
Male	84	29.3	175	70.7	6.6
Female	137	34.7	222	65.3	5.3
Age					
18-64	117	24.3	350	75.7	4.6
≥65	103	69.8	43	30.2	8.3
Education					
≤High School	98	30.4	183	69.6	6.1
>High School	123	33.2	214	66.8	5.9

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Ever Had a Pneumonia Shot, Aged 65 and Older

*Clinton, Essex, Franklin*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	90	64.5	50	35.5	8.8

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Ever Had a Pneumonia Shot

*Clinton, Essex, Franklin*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	172	28.3	403	71.7	4.3
Gender					
Male	74	29.3	158	70.7	6.8
Female	98	27.3	245	72.7	5.1
Age					
18-64	82	20.5	348	79.5	4.6
≥65	90	64.5	50	35.5	8.8
Education					
≤High School	84	26.5	181	73.5	5.7
>High School	88	29.9	222	70.1	6.2

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**Have Had Permanent Teeth Removed because of Tooth Decay or Gum Disease**

*Clinton, Essex, Franklin*

<b>Demographic Groups</b>	<b>n<sup>1</sup></b>	<b>Yes %<sup>2</sup></b>	<b>n</b>	<b>No %</b>	<b>C.I.<sup>3</sup></b>
Total	352	52.5	255	47.5	4.7
Gender					
Male	135	46.9	118	53.1	7.2
Female	217	58.5	137	41.5	5.7
Age					
18-34	36	23.6	105	76.4	7.8
35-54	137	55.6	110	44.4	6.9
≥55	175	80.1	39	19.9	6.3
Education					
≤High School	188	64.4	83	35.6	7.0
>High School	164	42.9	172	57.1	6.1

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## Having Seen a Dental Professional in the Past 12 Months

*Clinton, Essex, Franklin*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	389	69.2	165	30.8	4.7
Gender					
Male	165	65.4	77	34.6	7.3
Female	224	73.7	88	26.3	5.4
Age					
18-34	92	63.1	45	36.9	9.9
35-54	165	69.6	73	30.4	6.6
≥55	129	76.7	46	23.3	6.8
Education					
≤High School	141	61.7	91	38.3	7.4
>High School	248	74.9	74	25.1	5.9

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Trying to Lose Weight

*Clinton, Essex, Franklin*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	277	43.5	341	56.5	4.6
Gender					
Male	101	37.6	159	62.4	6.9
Female	176	50.0	182	50.0	5.7
Age					
18-34	56	36.5	85	63.5	9.2
35-54	116	47.4	133	52.6	6.9
≥55	103	46.4	120	53.6	7.4
Education					
≤High School	122	41.8	159	58.2	6.7
>High School	155	45.0	182	55.0	6.2

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## Trying to Maintain Current Weight of Those not Trying to Lose Weight

*Clinton, Essex, Franklin*

<b>Demographic Groups</b>	<b>n<sup>1</sup></b>	<b>Yes %<sup>2</sup></b>	<b>n</b>	<b>No %</b>	<b>C.I.<sup>3</sup></b>
Total	193	55.9	145	44.1	6.3
Gender					
Male	74	47.0	84	53.0	9.3
Female	119	68.1	61	31.9	7.3
Age					
18-34	46	53.1	38	46.9	12.7
35-54	78	59.4	54	40.6	9.1
≥55	67	55.7	52	44.3	10.0
Education					
≤High School	86	55.0	70	45.0	9.0
>High School	107	56.7	75	43.3	8.7

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## Eating Fewer Calories or Less Fat to Lose or Maintain Weight

*Clinton, Essex, Franklin*

<b>Demographic Groups</b>	<b>n<sup>1</sup></b>	<b>Yes %<sup>2</sup></b>	<b>n</b>	<b>No %</b>	<b>C.I.<sup>3</sup></b>
Total	354	76.3	110	23.7	4.6
Gender					
Male	130	73.8	43	26.2	8.0
Female	224	78.4	67	21.6	5.2
Age					
18-34	76	73.7	24	26.3	10.9
35-54	148	77.9	44	22.1	6.3
≥55	130	77.7	38	22.3	6.9
Education					
≤High School	160	77.5	46	22.5	7.1
>High School	194	75.3	64	24.7	6.1

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## Using Physical Exercise to Lose or Maintain Weight

*Clinton, Essex, Franklin*

<b>Demographic Groups</b>	<b>n<sup>1</sup></b>	<b>Yes %<sup>2</sup></b>	<b>n</b>	<b>No %</b>	<b>C.I.<sup>3</sup></b>
Total	327	72.5	140	27.5	4.6
Gender					
Male	125	74.7	49	25.3	7.4
Female	202	70.6	91	29.4	5.6
Age					
18-34	81	78.4	21	21.6	9.4
35-54	150	78.9	44	21.1	6.0
≥55	94	58.2	73	41.8	8.4
Education					
≤High School	124	62.4	84	37.6	7.6
>High School	203	80.7	56	19.3	5.3

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Ever Had a Pap Smear

*Clinton, Essex, Franklin*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	272	97.0	6	3.0	2.6

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Had a Pap Smear in Past 3 Years

*Clinton, Essex, Franklin*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	240	86.5	38	13.5	4.4

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval